



Issue #16 Jul 2024



If Undelivered return to: 635 Queen St East, Levin

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Horowhenua
Grey Power
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635 Queen St East
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Next Meeting's News

Next Meeting: Our next meeting will be Friday 19th July 2024 at the Cosmopolitan Club, Oxford Street starting at 1:30 p.m.

Guest Speakers: Deborah Campbell from Neighbourhood Support will be our Guest speaker. The topic will be 'Keeping ourselves warm and safe in the cold winter months and being prepared for a civil emergency should such a thing eventuate'.

Annual General Meeting

This is also our Annual General Meeting to receive nominations for each of our Committee members. We would love to have some new blood in our Committee so please if you know anyone who has agreed to help out in this matter please bring them or their nomination to the meeting.

If you can read this with ease
you are twisted! And have an
awesome talent! This is both
backwards and upside down!



Monthly meetings at Cossie Club

Here are our monthly meeting dates (third Friday in the month Feb to Dec 2024. Please note change in September). If you can, please bring a friend. All very welcome.

JULY	19th
AUGUST	16th
SEPTEMBER*	20th
OCTOBER	18th
NOVEMBER	15th
DECEMBER	13th

Denotes Changes from the normal schedule *

Last Meeting's Presentation by George Minton

George Minton from the Office for Seniors presented information for supporting Seniors in our community.



We have the Power Point presentation. If anyone is interested, I can send it to you.

To find out more:

- Office for Seniors website <https://officeforseniors.govt.nz>
- Seniors newsletter
- Stakeholders newsletter

<https://officeforseniors.govt.nz/about-us/contact-us>

Here are some highlights:

Older people make a significant contribution

- 825,000 people received NZ Super- \$17.35 billion
- Paid work \$6.39 billion
- Paid tax of \$ 9.7 billion
- Value of unpaid work \$14-15 billion

This shows the significant contribution we play in our economy.

I was surprised at the unpaid work figure. Outstanding and congratulations to us Seniors.

There are only 14 people working in the Office for Seniors (this is a division within MSD).

Employment

Supporting older workers to use their skills and experience and enabling employers to build a resilient, multigenerational workforce

Housing

Ensuring there are a wide range of safe, secure and affordable options that meet older peoples' needs

Digital inclusion

Enabling older people to embrace technology and ensuring everyone can access essential services

These are the priorities for the Office For Seniors.

New Grey Power National President



The Grey Power Federation AGM held in Wellington recently, elected a new National President. Gayle Chambers from Blenheim was elected by a wide margin for the next two years. We wish her every success.

Grey Power says urgent action needed to deliver pay equity for care and support workers

Grey Power is calling on the Government to fully fund a pay equity settlement for 65,000 care and support of workers in the wake of today's nationwide rallies.

Grey Power President Gayle Chambers said care and support workers provided many older New Zealanders with the support they need to live in dignity and to enjoy a rewarding, safe and sustainable quality of life. “Hundreds of thousands of New Zealanders and their families benefit from the work of care and support workers, which has been historically undervalued because it is work carried out predominantly by women. “It’s time the value of their work was fairly recognised in the pay equity settlement that has been in train for two years. We are calling on Health Minister Shane Reti to follow in the footsteps of the previous National Government to commit to funding the pay equity settlement. “It’s been proven that care and support workers are being paid less than their skills, experience and level of responsibility warrant. All that’s required for this inequality to be fixed, is for the Government to set aside funding from their Budget contingency. Without a settlement, low pay and lack of recognition will see more workers leave a sector which is already struggling, making it harder for older New Zealanders to receive the care and support they need.

“Grey Power urges the Government to heed the message delivered by today’s rallies and do the right thing for care and support workers and the older New Zealanders they look after every day,” said Gayle Chambers.

A big Thank You to Mitre 10 Levin



Recently a Grey Power member asked Mitre10 to clarify why they were not getting Gold Card Discounts on all items in store when there were no signs that stated that not all items were included.

The Store Manager and his crew created this sign that states that not all items are included so no more confusion for us who use Mitre 10 as their favourite go to shop.

Discounts for Gold Card members

As of today, the Brentwood hotel in Wellington offers all Grey Power members a 10% discount on accommodation. All you have to do is when you make the booking tell them you’re a Grey Power member and when you arrive to check in show them your membership card.

Steeds Pharmacy 244 Oxford Street Levin offers 10% discounts for Gold Card AND Grey Power members.

MDS Study into harm and mistreatment of the elderly



Kia ora, Kia orana, Ni sa bula, Fakaalofa lahi atu, Talofa lava, Fakafeiloaki, Malo e lelei, Fakatalofa atu, Halo, Gude, Greetings

We are looking for people aged 55 years and over to talk about how being harmed or mistreated as an older person by somebody they know well has affected their health and wellbeing.

This is part of a larger study into the health and wellbeing of older people funded by the Ministry of Social Development.

If you:

- **Are aged 55 years or older, AND**
- **Identify with one of the following groups: New Zealand European, Māori, Pasifika, or as someone with a disability, AND**
- **Have been harmed or mistreated as an older person by someone close to you**

We invite you to share your story (experiences and thoughts) by taking part in an individual interview (lasting up to 90 minutes) or wānanga or talanoa with other older people (lasting up to 2.5 hours).

If you are interested, please contact Leon Iusitini, Researcher at Auckland University of Technology, leon.iusitini@aut.ac.nz, 09 921 9999 extension 7933.

Approved by the Auckland University of Technology Ethics Committee on 18 April 2024, AUTECH Reference number 24/49

Contact leon.iusitini@aut.ac.nz

New Subscription due 1st April 2024

Payment of Horowhenua Grey Power Membership Fees

Please check your expiry date on your current card first

Payments can be made to our account or via cash payments.

The Annual Subscription is Single (\$20) or Double (\$35)

Cash: Place in envelope with our Application Form and use the free boxes at Te Takeretanga o Kura-hau-pō Levin Library or the Te Awahou Nieuwe Stroom Foxton Library.

Internet Banking This is our preferred method of payment.

Account Name: Horowhenua Grey Power Inc.

Account Number: Westpac 03 0667 0284304 00

If you are a new member and paying via this method, please also send an e-mail to lynetteberyljones@gmail.com and we will send you a form for your details and instructions on how to pay and the information we need including identifying how the amount paid is made up.

Details to Appear on our Bank Statement:

Particulars Initials & Last Name

Code Subs/Don

Reference Membership Number**

(** New Members please leave the 'Reference' field blank, your membership number will be e-mailed or posted to you once payment received. Please Note - Failure to fill in our Bank Statement details correctly could be treated as a donation and you may be required to pay again.

The Double subscription will rise to \$35 starting in the new membership year i.e. 1 April 2024.

This is due to our fees per couple to the Grey Power Federation being increased.

Please remember that all Memberships expire 31st March

Who/what do you want to see/know about at our Monthly Meetings?

We want to know from you, our members, what would you like to see the Committee provide as an interest to you and maybe other members at our monthly meetings. Do you have any suggestions for speakers? Please let me know and we will see what we can provide for you.

Contact Details

Please let us know if any of your contact details change. This will help with email messages, delivery of cards etc.

Skills to be tapped

We would love to know if any of our members have skills that can be utilised not only by the Committee but for helping others. This could be just reading to another member who has a sight impairment or to help change a light bulb.

Feedback

We love to hear your ideas for improving your reading experiences in our Newsletters. Please let me know if you have any feedback for me at lynetteberyljones@gmail.com

More members

Encourage one of your friends to join the membership.

Horowhenua Grey Power Post Office Box

As another cost saving initiative, all correspondence is to be sent to 635 Queen St East.

Horowhenua Odd Job Scheme



Helping Grey Power Members

If you can help or want more information, please phone Lynne (our Trade Lady) on 063688069 or Terry on 0274805834

Our sponsor

Colling & Gray Ltd., Panel Beaters/Spray Painters

