

STRATFORD AND DISTRICT GREY POWER (INC)

CONTACTS

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Postal 113 Hamlet Street Stratford Bank Acc - TSB 15-3947-0233986-00 President - P Hartley (06) 765 6555 Treasurer - M Mills Comm. - B Hughes. M Drylie. B Gibson. M Barnard. D Heath.

We have four Forum meetings each year on the third Wednesday of February, May, August and November

NEXT EVENT

FORUM. - Wednesday 21st August 2024 VENUE - Stratford and District Senior Citizen Lounge TIME - 10am SPEAKERS: Carol Spragg

RS: Carol Spragg Central Taranaki History Society Paul Lamb Hospice Taranaki Inc.

Changes **t**o Your details Please inform us if you have changed Address,phone number <u>or email etc</u>.

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POINTS OF INTEREST

1.Time for Tax Returns.

Do you claim donations of \$5 and over to a Charities Commission or a Church etc? You could get a Tax refund of one third of your donation back.(BothTaranaki Hospice Inc and History Society are a Charities trust)

2.Photo ID have you had your photo added to your Super Gold Card?.

3. Electric Blanket safety warning

Coroner's finding that a person died from smoke inhalation after the electric blanket caught fire while the person was sleeping.

Warning do not have them on while sleeping. Make sure that controls and cords are not twisted or caught between mattress and base and that heavy objects aren't placed on the bed when the blanket is on.

4.Dying Matters Week 5-11 August.

Is a initiative to support people in our community and to raise public awareness about the importance of talking more openly about dying, death and bereavement so we are all better prepared.

5.It's Better to Have a Will

When someone dies without a will it is called dying intestate, and could give rise to confusion and legal issues following their death.

Only when the assets are less than \$15,000.that it can be managed and distributed by the next of kin. Anything more will, by law,require formal administration and even with a will it could take 6 months or longer.When there is no will it takes longer and is more complex.

6. Bank Accounts AT Death

Only joint accounts will remain in use. Accounts that are in the deceased name only will be frozen and it could take months before money is available from them.

7. Travel Assistance if referred to a Specialist.

If you are a community Services Card holder and travel more than 80k one way,per visit you may qualify. More information is available from Health provider or the Ministry of Health ,Travel Assistance PO Box1026 Wellington or Phone 0800 281 222.

8.St John Health Shuttles

This is a free community service that transports people to and from essential medical and health related appointments at New Plymouth from Stratford/Eltham Hawera. A donation appreciated phone 08009252672 for booking and enquiries.

9. Grey Power NZ Members website.

www.greypower.co.nz

Login in to this website and scroll to the bottom of the screen and click on Member login, a new page will appear, enter the first three letters of your surname and the numbers on your membership card and then click on Login. You will then have access to select from the dashboard,which has a number of newsletter from different associations.

helpful computer links

.www.seniorline.org.nz www.superseniors.msd.govt.nz www.eldernet.co.nz www.tdhb.org.nz/services www.stratford.govt.nz - Council Website Alzheimers New Zealand https://nzdementia.org/ www.healthpages.co.nz Helpful Phone Numbers

MSD (NZ Super Line)0800552002Elder Abuse08003266865Age Concern (central)0800243625Age Concern (NP)(06)7599196Taranaki DisabilitiesInformation Centre TrustInformation Centre Trust0800693342Seniorline0800 725463





Come Along to the forum and hear from Carol and find out how you can research your family history, or the history of the place or area you live in and more.

. Be with us at the forum and hear about the wide range of equipment available to loan to patients, as well as the specialist comprehensive care that has been provided for over 30 years. How does Hospice Taranaki finance all this.



Hope I will see you at 10am on Wednesday 21st August. People say that drinking milk makes you stronger. Drink 5 glasses of milk and try to move a wall. Can't. Now drink 5 glasses of wine. The wall moves all by itself.

Condolences : Our sympathy goes out to all members who have lost loved ones.



Disclaimer : Neither the Association nor any person associated with it accepts any liability whatsoever for the entire contents of this newsletter, which is presented in good faith without material reward and to the best of our knowledge is true and correct in all aspects