

# Waihi Grey Power



***Quarterly Newsletter - April 2024***

**Grey Power Waihi keeping you informed.**

**Meeting Dates:**

**Friday 26 April 2024**

**Friday 24 May 2024 and AGM**

**Nominations for Committee to be in by 10 May 2024**

**Market, Speakers, Morning Tea, Raffles**

**Waihi Grey Power meetings:**

**4<sup>th</sup> Friday of the month February – October 10:00 – 12:00**

**Baptist Church, 3 Gilmore Street, Waihi**

**What Grey Power does:**

Grey Power is an Advocacy Service and Lobbyist to both local councils and government on protecting the welfare and wellbeing of older people in the 50+ age group.



***Any queries about this newsletter please contact: the editor at [waihi.g.p.e@gmail.com](mailto:waihi.g.p.e@gmail.com)***

**Disclaimer:**

Opinions expressed in this newsletter are those of the contributors. The information contained is given in good faith: and believed to be reliable. However, Grey Power Waihi Association Inc. takes no responsibility for opinions expressed nor the contents. All photos in this newsletter are from Bing Online Office 265.

# Grey Power Waihi and Waihi Beach



Photo from Facebook

Please invite your friends to come along to our meetings to keep up to date with what is happening in our country for the 50+ age group.

We are informative, friendly and in your local community!



## Grey Power needs speakers!

Contact: President Margaret Sole

Email: [MRS MAGOO@xtra.co.nz](mailto:MRS MAGOO@xtra.co.nz)

Tel. 07 863 5124 / 027 487 9972

### Speakers Needed



**Do you have a hobby you would like to speak about?**

**Do you know someone who would like to speak at our meeting?**

**What topics would you like to hear about?**



## **How to Save Money on Insurance**

**From Office for Seniors Te Tari Kaumatua**

**Seniors Newsletter February 2024**

**If your looking for ways to cut down costs, Consumer New Zealand have some useful ideas on how you could save money on**

**Insurance.**

### **Go for a higher excess**

**A higher excess if you need to claim– will significantly lower your premiums. It could be more painful at claim times, but if it is the difference between keeping or cancelling a policy, it would be easier to find the cost of the higher excess than paying to replace your uninsured belongings, Just don't make it so high you won't be able to pay it.**

### **Shop around**

**You can often find big savings by shopping around and comparing insurance. Consumer NZ found there was an annual price difference of more than \$300 than the most expensive and cheapest content insurance policies.**

### **Consider an alarm**

**Ask your insurer if they will give you a cheaper premium if you install an alarm or cameras. If you were considering it anyway, you might find the saving subsidizes the cost of installation.**

### **Pay Annually**

**If your budget can stretch to paying your premiums annually, you'll get a discount.**

### **Reassess your needs**

**No one wants to spend their spare time reviewing their insurance needs, but you could save hundreds each year. Your life insurance needs will be different if you no longer have dependents living at home and you have repaid your mortgage.**

### **Consider third party**

**It might be tempting to cancel your car insurance if it's not worth a lot, but if you cause an accident, you could be responsible for the damage you cause to another car. You could consider the cheaper third party option that will cover you for the damage to the other car. You can also get a third party fire and theft policy, which covers you if your car is stolen or damaged by fire.**

### **Have policies with the same insurer**

**If you have one insurer you could get a multi policy discount, up to 20%. You should only stay with the same insurer if the price is right.**

## Our Meetings:

Feature the membership draw, raffle ticket sales, market table, morning tea, interesting speakers, updates on local and national issues and group events.



Membership draw – must be at the meeting to win up to \$100.

Raffle tickets:

\$2 for 1 ticket or \$5 for 3 tickets

Please update your details with Bernie

Tel. 07 863 7341

Email: [bergia@value.net.nz](mailto:bergia@value.net.nz)



## **Grey Power Waihi Committee Contact Details**

President: Margaret Sole

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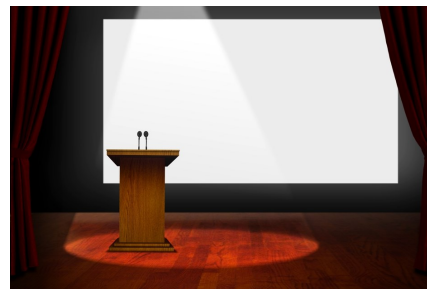
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[Waihi.g.p.e@gmail.com](mailto:Waihi.g.p.e@gmail.com)

Our meetings are an  
opportunity to meet people  
and have fun!





# Grey Power Waihi Inc

The Active Organisation for 50+

Wisdom in Action

**Membership Secretary: Bernie Ellmers, 12 Mackay Street Waihi**

**Phone: 07 863 7341 Email: [bergia@value.net.nz](mailto:bergia@value.net.nz)**

## New or Renewal Membership

NAME: (MR/MRS/MS).....NAME.....

PTNER:(MR/MRS/MS)..... NAME.....

ADDRESS: .....

.....

. POSTCODE: ..... TELEPHONE: .....

EMAIL ADDRESS.....

MEMBERSHIP No:.....

## Membership Fee:

- **Cash with collection of Membership card:** at *Monthly Meeting* OR *calling at 12 Mackay Street, Waihi.*
- **Online payment (preferred) with collection of Membership card:** at *Monthly Meeting* OR *calling at 12 Mackay Street.*

**Fee is \$25.00 Single, \$45.00 Double**

- After July 1st add \$5 to each person.

**Do you want your membership card posted?** Yes/ No ..... (see below)

- **If a Membership card is to be posted please add \$2.00 to membership fees above.**

## How to Pay (No cheques sorry)

- **Internet banking (Preferred) - Kiwibank:**
  - A/C Grey Power Waihi Inc 38-9006-0583623-00
  - For **RENEWALS** include your **surname** and **membership number** in the reference section of the online payment.
  - For **New** state NEW in reference and email [bergia@value.net.nz](mailto:bergia@value.net.nz) to confirm payment and address.
- **Cash:** with form at Monthly Meeting or drop off to Bernie at 12 Mackay Street, Waihi.

**Please note:** MEMBERSHIP runs from 1 April to 31 March of the following year.

PRIVACY ACT REQUIREMENTS: All information will remain confidential and will not be supplied to any other party except Grey Power Federation refer their privacy policy

Controlled Document V 2 Renewal Membership Apr 2022

## Grey Power Members Benefits:

Bluebridge Cook Strait Ferries — (All Year Discounts)

Challenge Fuel Discount (Existing Grey Power Members only)

Grey Power Electricity Scheme

AIL of New Zealand Ltd



HRV discount offer

Interislander Ferry Fares:



Scenic Train Offer

Molemap



Vesta Cover Funeral / Health Insurance



Coffee Capsule To You



For more information about  
Grey Power Federation and member benefits contact:

Federation Website:

<https://www.greypower.co.nz/>

Tel. 09 299 2113

**We are delighted to announce a new offer available to all Grey Power Members – Atopis® - a unique New Zealand skincare range scientifically designed for older people.**

Atopis® Skin Health have partnered with Grey Power Federation to provide our membership a 20% discount on their exclusive skincare range.



Also new in Waihi is Driving Miss Daisy



## **A Selection of Useful Numbers**

**Age Concern:** 07 868 9790 and 0800 652 105

**Senior Line:** 0800 725 463

**Senior Services - Ministry of Social Development (MSD) Waihi**  
0800 552 002

**Health and Disability Commission:** 0800 555 050

**WINZ Waihi:** 0800 559 009

**Hauraki District Council (HDC):** 07 862 8609 and 0800 734 834

**Waihi Budget Services:** 07 863 7793

**Waihi Resource Centre:** 07 863 7555

**Waihi Beach (Katikati Community Centre):** 07 549 0399 / 02040704426  
Tuesdays 9-3 at Waihi Beach Palycentre 100 Beach Road, Waihi Beach

**Telecommunications Dispute Resolution (TDR):** 0508 98 98 98  
<https://www.tdr.org.nz/make-complaint>

**Healthline:** 0800 611 116

**Lifeline Aotearoa:** 0800 543 345

**Samaritans:** 0800 726 666

**Waihi Library:** 07 862 8609

**Waihi Toy Library** [waihitoylibrary@gmail.com](mailto:waihitoylibrary@gmail.com)







**Grey Force**  
Home Care

**HELPING YOU KEEP YOUR  
INDEPENDENCE AT HOME**

At Grey Force Home Care, we understand that maintaining a comfortable and beautiful home is a priority for everyone. Whether you're a retiree looking for a helping hand or someone with a busy lifestyle, our team is here to support you. We offer a wide range of services that make life easier, more enjoyable, and stress-free. We can come to you for a friendly, confidential, no obligation chat about our products and services. **Call us today for a free quote.**



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 Bay of Plenty & Waikato

 [www.greyforce.co.nz](http://www.greyforce.co.nz)

## Some Things to Do in Waihi / Waihi Beach Weekly

Mondays: 9:00 - 10:30 Walking group meets at Events Centre (good level of fitness), run by Sport Waikato

Mondays: 9:00 - 10:00 Walking group meets outside of St Johns Church Hall, Seddon St

Mondays: 12:15 - 1:15 - beginner line dancing – St Johns Church Hall, Seddon St - Cost \$6

Tuesdays: 10:30 - 11:30 - Tai Chi - Cost - \$8, St Johns Church Hall, Seddon St

Tuesdays: From 10:30—Ladies Coffee Morning Group meets at Plan Bee Café

Tuesdays: **A Friend's Place ' - Waihi Beach Community Centre**—Discussion Group, News and Views (10:00 am -12:30 pm) and Board Games - exp. Rummikub, Scrabble, etc. (1:00pm—3:00pm)

Wednesdays: 9:00 - 10:00 Walking group meets outside St Johns Church Hall, Seddon St – cost \$2 (includes tea/coffee and a biscuit)

Wednesdays: 9:30 – 10:30 - beginner line dancing – Cost \$6, St Johns Church Hall, Seddon St

Wednesdays—A Friends Place—Crafts and Hobbies— (10:00 am—12:30) Musicians Club (12:30—3:00)

Wednesdays: 10:00 – 11:00 - Steady as you go (exercise for everyone) – Waihi Museum in Kenny Street – Cost \$2

Thursdays: 9:00—1:00—Art Group meets at the Bowls Club—128 Kenny Street Waihi

Thursdays: 9:00—12:00 -Spinners and Weavers meet at the back of the Waihi Museum in Kenny St

Thursdays—A Friends Place—Music Workshops—(Morning Session 10:00 am—12:30 pm; Afternoon Session 1:00 pm—3:00 pm)

Fridays: 10:15 – 11:15 Chinwag Café – Waihi Resource Centre – Meuller St Waihi -Free

Waihi Bridge Club gives lessons, plays regularly Monday nights and Thursday afternoons: contact number 0274 374 376 for more details/costs

Fridays—A Friends Place—Card Club (500) - (10:00 am—12: 00 pm) and Manicures, Pampering (1:00 pm—3:00 pm)

**Be on the lookout for this booklet**  
**Full of useful information!**



**Very informative guide - available from the**  
**Waihi Resource Centre**  
**4 Meuller Street**  
**Waihi**

# Contents page from Eldernet booklet:

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# Warmer Kiwi Homes

*Save money, and enjoy a cosy home this winter.*

Warmer Kiwi Homes is a government programme offering 80% of the cost of ceiling and underfloor insulation and up to 80% of the cost of an energy-efficient heater to eligible homeowners.

More than 110,000 installations of insulation and heaters have already happened all around Aotearoa New Zealand, making tens of thousands of families happier in their homes. It's easy to apply – simply check out the contact details below, and a service provider will confirm you are eligible for a grant and visit your home to make sure insulation and/or a heater can be installed. If everything is approved, you arrange a day and a time to have the installations done.

Whether you're eligible for Warmer Kiwi Homes or not, everyone can find ways to save money on their power bill.

## Top Tips to save power

- Get the most out of your heat pump – Set your heat pump to a maximum of 21 degrees – save up to \$320.
- Shorten your showers to five minutes – save up to \$260 per person

- Change your washing machine settings to cold wash – save up to \$50
- Switch off your appliances at the wall when you're not using them – save up to \$100 For details on these changes, and more advice and information, visit [Save500.org.nz](https://www.save500.org.nz).

*For Warmer Kiwi Homes eligibility: Homeowners may be eligible if they have a Community Services Card or live in a lower-income area. Visit the Warmer Kiwi Homes website <https://www.eeca.govt.nz/co-funding/insulation-and-heater-grants/warmer-kiwi-homes-programme/> or Freephone 0800 749 782*

We are proud to be selling Goldfern Mobility Products. Goldfern is a 100% Kiwi family owned business who have been operating for over 30 years. Our other suppliers are Allied Medical and Cubro.

### Our Products

Mobility Scooters | Electric Lift Chairs | Daily Living Products  
Wheelchairs | Bathroom and Toilet Aids Reachers, Sock Aids,  
Walking sticks | Walkers Continence Products



We will also do our best to source other products on request

### Thames Valley Tangata Ora Trust

The People's Wellbeing Trust

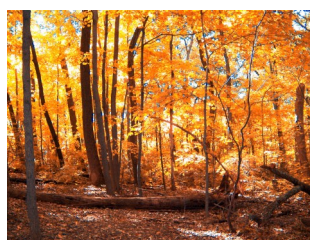
"To foster an inclusive and empowered community"  
607 Mackay Street, Thames (opposite Thames Hospital)

**Article from: Age Concern Hauraki Coromandel**

**Quarterly Newsletter Winter 2023**



## As we go into Autumn, some ideas to think about!



## AGE... PLAYFULLY

*We're constantly being told/cajoled/encouraged to  
"age gracefully."  
It's infused into Western culture, almost to the point of  
a religion.*

*To that I say... RUBBISH!  
Don't age "gracefully."  
Do it noisily.  
Make a ruckus everywhere you go,  
and take as many along for the ride as possible.*

*Rumble through this consensual hallucination we call life  
and leave people grinning,  
shaking their heads and wondering,  
"NOW what are they up to?"*

*As each of us steps beyond the veil,  
we leave behind echoes,  
after images of lives lived and souls touched.  
Let your echoes ring with the sound of laughter...  
and a little mischief.*

*So I say unto you, as you make your runs around the sun,  
eschew the desire to age gracefully.  
Do not go gentle into that good night...  
Instead, I encourage you to age... playfully.1*

*-Mackenzie Clench, writer, copywriter, b.09/26/1971*